

FULL HOUSE OF GROWING PAINS by Barbara Cameron

This is a book I purchased at a conference in the town where I live. You may recognize the author as the mother of actor Kirk Cameron and his sister Candace Cameron, who starred in the TV shows *Growing Pains* and *Full House* respectively. My family and I watched these shows faithfully in their heyday and enjoyed them immensely. I was fortunate enough to be able to meet Barbara the day I purchased the book, and I have to tell you that she is a delightful lady, humble and endearing. She actually ran out of the book that day but promised those of us who bought them there that she would autograph and mail our copies as soon as she got back home to a new supply, and she was true to her word.

The book is about how these two of her four children entered the entertainment world and her hectic days as a stage mom, carting them around to auditions and interviews, tapings and personal appearances before they were old enough to drive. She boldly reveals some very personal things about her own life as well and some of the difficulties of life in the public eye, not just for her but for her whole family.

When I finished reading this book, I felt as if I knew the family a little better and maybe knew a little more about how tough the “glamorous” life can actually be. If you enjoyed the ‘80’s shows *Growing Pains* and *Full House*, you will most assuredly enjoy this deeper insight into the lives of some of the stars of those shows.